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No Barriers Festival and No Barriers USA

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A HERO'S WELCOME

SHAKE-A-LEG MIAMI SALUTES WOUNDED WARRIORS AT NO BARRIERS FESTIVAL, JUNE 4-7

"It's not far down to paradise/ At least it's not for me/ And if the wind is right you can sail away/ And find tranquility/ The canvas can do miracles/ Just you wait and see/ Believe me." _Christopher Cross, lyrics to "Sailing."

COCONUT GROVE, FL (May 15, 2009) – [Shake-A-Leg Miami](#), a unique, community-based aquatic activities center that serves children and adults with physical, developmental and economic challenges in Coconut Grove, Florida, will welcome a contingency of men and women of the U.S. armed forces, who have been severely injured during the recent conflicts, at Miami's first ever [No Barriers Festival](#), June 4-7th.

The veterans, members of the [Wounded Warrior Project](#), will join an anticipated group of 650 individuals with diverse disabilities, including organizations that support paraplegics, amputees, sight impaired, those with traumatic brain injuries, as well as those who feel they are too old, too heavy or too disadvantaged to find inspiration.

Now in its fourth year nationally, No Barriers Festival is a unique, international, multi-day event that combines land and water-based adaptive sports with cutting-edge techniques and technologies that

enable individuals with challenges to live as actively as possible and to break through their own personal barriers.

The veterans will partake in the four-day Festival of symposiums, interactive clinics and innovations that strive to replace recurring perceptions about disability and personal challenges, with a renewed belief in what is and what will be possible.

“The waters of Biscayne Bay are therapeutic,” says Harry Horgan, CEO and co-founder of Shake-A-Leg Miami. “Our wounded warriors will gain inspiration through adaptive sailing, fishing, windsurfing and scuba diving as well as hand cycling, outrigger canoeing, wheelchair fencing and many more fun and challenging activities.”

Festival highlights include: music, art, film and cultural programs; special guest appearances such as Molly the Pony, an amputee horse with a prosthetic leg; an Innovation Village featuring demonstrations and supervised use of the newest adaptive products; and Technology Symposiums, showcasing the latest research and development in assistive technology.

No Barriers Festival will take place primarily on the campus of Shake-A-Leg Miami with additional events on Biscayne Bay, in the Everglades, in Key Biscayne and at various other locations within Miami-Dade County.

No Barriers Festival 2009 is sponsored by the University of Miami, American Airlines, The Ritz-Carlton Coconut Grove, Lumber Liquidators, Adam Carlin, Babson College, Nike, Thunderbirds/FBR Open, Disabled Sports USA and Show Management.

For more information on the 2009 No Barriers Festival and ticket information visit www.nobarriersusa.org. Tickets to the Festival are \$75 for a full weekend pass, including a provided dinner on Thursday, Friday and Saturday night and a pancake breakfast on Sunday. Partial scholarships are available for qualified individuals, caregivers and family members. To see if you are eligible to receive a partial scholarship or for further information contact info@nobarriersusa.org. For more information on the Wounded Warrior Project visit www.woundedwarriorproject.org.

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ADDITIONAL INFORMATION

About No Barriers USA

Conceived by a group of friends with a passion for the beautiful natural places of the world, No Barriers USA is a not-for-profit organization which assumes that each person, regardless of age, state of mind or physical condition, has a thirst for adventure and a hope for the future which is worthy of igniting. No Barriers is more than a name; it is the attitude of reaching out and finding ways to accomplish one's dreams, no matter what it takes. No Barriers is for all people, regardless of age, state of mind or physical condition. For more information visit www.nobarriersusa.org.

About Shake-A-Leg Miami

Shake-A-Leg Miami is a unique, community-based aquatic activities center that serves children and adults with physical, developmental and economic challenges. As one of the largest public facilities in Southern Florida, and one of the most inclusive community-based organizations in the nation, Shake-A-Leg Miami uses the natural environment of the water as an organic classroom for an education program that compliments water-based activities. The goal of Shake-A-Leg Miami is to empower and energize people by developing self-confidence and fostering a sense of independence that improves the quality of life. For more information on Shake-A-Leg Miami visit the Sea Base located at 2620 S. Bayshore Drive or online at www.shakealegmiami.org.

2009 No Barriers Festival Sponsors (confirmed as of April 27, 2009)

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